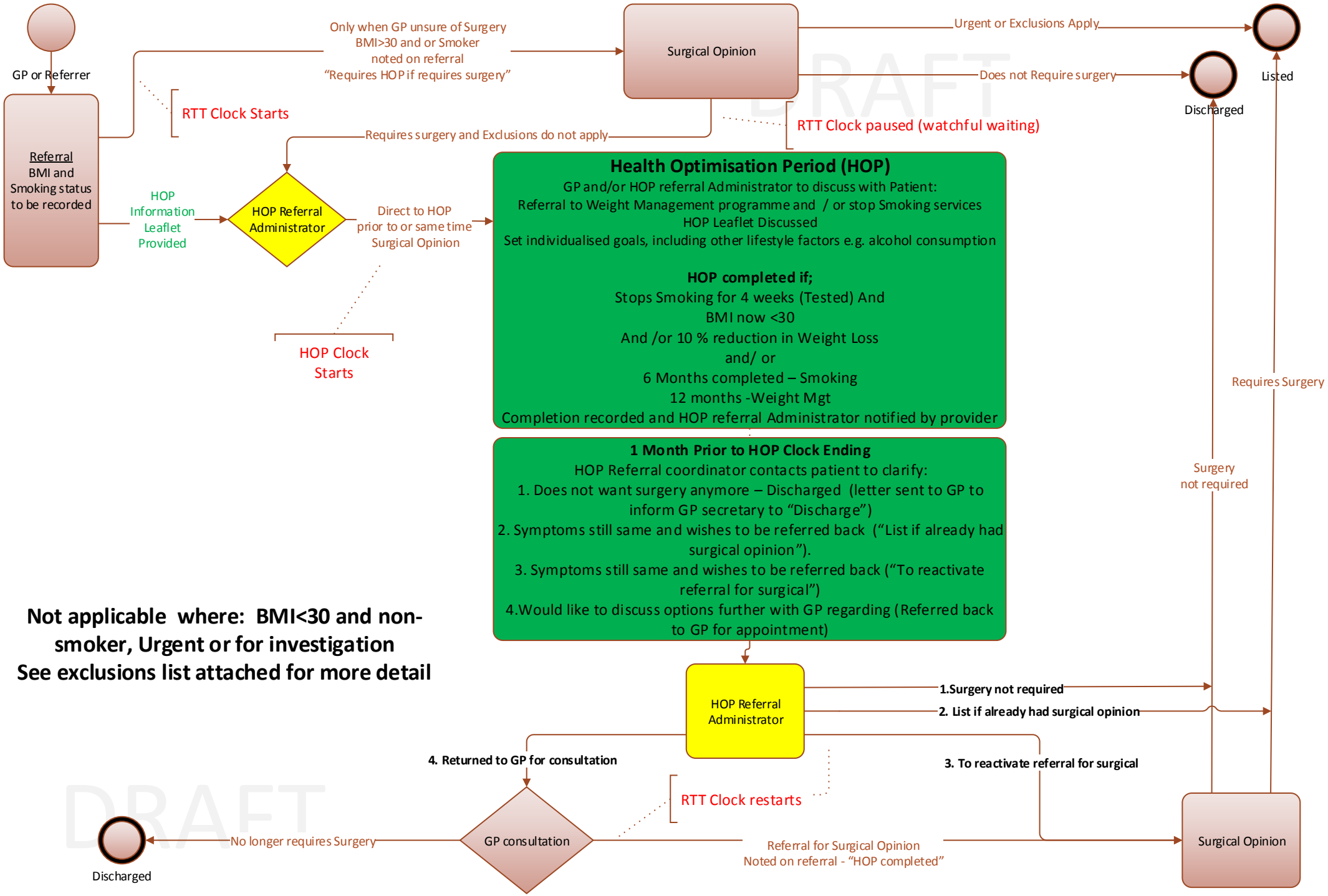
GP or Referrer
Referral
BMI and Smoking status to be recorded
Only when GP unsure of Surgery BMI>30 and or Smoker noted on referral "Requires HOP if requires surgery"
RTT Clock Starts
Surgical Opinion
Urgent or Exclusions Apply
Listed
Does not Require surgery
Discharged
RTT Clock paused (watchful waiting)
Requires surgery and Exclusions do not apply
HOP Information Leaflet Provided
HOP Referral Administrator
Direct to HOP prior to or same time Surgical Opinion
HOP Clock Starts
Health Optimisation Period (HOP)
GP and/or HOP referral Administrator to discuss with Patient:
Referral to Weight Management programme and / or stop Smoking services
HOP Leaflet Discussed
Set individualised goals, including other lifestyle factors e.g. alcohol consumption
HOP completed if;
Stops Smoking for 4 weeks (Tested) And
BMI now <30
And /or 10 % reduction in Weight Loss
and/ or
6 Months completed – Smoking
12 months -Weight Mgt
Completion recorded and HOP referral Administrator notified by provider
1 Month Prior to HOP Clock Ending
HOP Referral coordinator contacts patient to clarify:
1. Does not want surgery anymore – Discharged (letter sent to GP to inform GP secretary to "Discharge")
2. Symptoms still same and wishes to be referred back ("List if already had surgical opinion").
3. Symptoms still same and wishes to be referred back ("To reactivate referral for surgical")
4.Would like to discuss options further with GP regarding (Referred back to GP for appointment)
Requires Surgery
Surgery not required
Not applicable where: BMI<30 and non-smoker, Urgent or for investigation
See exclusions list attached for more detail
HOP Referral Administrator
1.Surgery not required
2. List if already had surgical opinion
4. Returned to GP for consultation
3. To reactivate referral for surgical
RTT Clock restarts
GP consultation
No longer requires Surgery
Discharged
Referral for Surgical Opinion
Noted on referral - "HOP completed"
Surgical Opinion
DRAFT
DRAFT